

The Athletic Training Profession

Look around you – people these days are on the move. We're learning more, trying more, doing more. And when the level of physical activity increases, the risk for injury rises as well. That's where the certified athletic trainer comes in: whether it's an athlete of any age or an industrial worker performing physical tasks or even an average citizen delving into recreational athletics, the certified athletic trainer can help.

The Certified Athletic Trainer is a qualified health care professional educated and experienced in the management of health care problems associated with physical activity. In cooperation with physicians and other health care personnel, the athletic trainer functions as an integral member of the health care team in secondary schools, colleges and universities, professional sports programs, sports medicine clinics, and other health care settings. The athletic trainer functions in cooperation with medical personnel, athletic personnel, individuals involved in physical activity, parents, and guardians in the development and coordination of efficient and responsive athletic health care delivery systems.

Where are people active? That's where you can find certified athletic trainers.

- **Secondary schools:** Public and private secondary schools offer special job opportunities for certified athletic trainers. Parents and administrators are discovering the benefits a certified athletic trainer can offer in preventing and caring for injuries. Many certified athletic trainers also teach classes at the high school level.
- **Colleges and universities:** Certified athletic trainers' jobs in colleges generally fall into two categories: Athletic department and staff assignment. A majority of colleges and universities now require a master's degree for employment.
- **Combination teacher/athletic trainer:** Employment in this setting remains stable with little turnover.
- **Professional sports:** In this setting, certified athletic trainers work only one sport, such as football, baseball, basketball, hockey or soccer. Although teams operate only a few months per year, certified athletic trainers work year-round conditioning and rehabilitating athletes. Fewer jobs are available in this practice setting due to the limited number of teams.
- **Sports Medicine Clinics:** This growing setting provides certified athletic trainers the opportunity to work with a number of different health care professionals and a diverse patient population. In addition to athletic injury rehabilitation, many clinics provide athletic training services for secondary schools.

The athletic trainer's professional preparation is directed toward the development of specified competencies in the following domains: risk management and injury prevention, pathology of injuries and illnesses, assessment and evaluation, acute care of injury and illness, pharmacology, therapeutic modalities, therapeutic exercise, general medical conditions and disabilities, nutritional aspects of injury and illness, psychosocial intervention and referral, health care administration, professional development and responsibilities. Through a combination of formal classroom instruction and clinical experience, the athletic trainer is prepared to apply a wide variety of specific health care skills and knowledge within each of the domains.

Bethany College

Identity Statement:

Bethany College, established by Swedish Lutheran immigrants in 1881, is a college of the Evangelical Lutheran Church in America (ELCA) owned and operated by the Central States Synod and the Arkansas/Oklahoma Synod of the ELCA. The College is incorporated under the laws of the state of Kansas and is located in the city of Lindsborg.

Mission Statement:

The mission of Bethany College is to nurture and challenge individuals in their search for truth and meaning as they lead lives of faith, learning and service.

Focus Statement:

The primary focus of Bethany College is service to traditional age students in a residential setting by offering liberal arts-based degree programs leading to a Bachelor of Arts degree. The College also offers programming for continued cultural, intellectual and religious learning in service to its students, the city of Lindsborg and surrounding communities. As a demonstration of our global awareness, the College sponsors events and programs with national and international relevance.

Guiding Principles:

- **Integrity** is both personal and institutional. It means being honest and direct in communication, as well as accountable and consistent with expectations. Institutional integrity includes faithfulness to the identity and mission of the College, a rigorous search for truth, and an ongoing commitment to equity.
- **Hospitality** means both giving and receiving. All who work and study at Bethany are expected to recognize and value human dignity, mindful that each and every person is a child of God.
- **Relationship** emphasizes the connections present among individuals and organizations. It recognizes our role and responsibilities within these connections.
- **Leadership** recognizes that all who work and study at Bethany College will be engaged in learning how to lead as well as how to serve.
- **Sustainability** encompasses an understanding of our stewardship for the future and recognizes that our actions and policies may often have long-term implications. For Bethany College, this includes the judicious use of resources and operating in such a way that the college is a viable institution in perpetuity.

Associated Colleges of Central Kansas (ACCK)

The Associated Colleges of Central Kansas (ACCK) is a consortium composed of six private, liberal arts, four-year, church-related, co-educational institutions located within 40 miles of McPherson, KS. Bethany College is located 15 miles north of McPherson. Over 3,400 students are enrolled. They are served by faculty and staff of over 800. Members of the ACCK include Bethel College, Kansas Wesleyan University, McPherson College, Sterling College, Tabor College and Bethany College.

Mission

The ACCK was established in 1966 as a chartered corporation to enhance the contribution of the member institutions. The ACCK strives to function as a model learning community in which everyone is a learner and everyone is a teacher. The ACCK put the needs of learners first in order to foster ethical, spiritual and intellectual development of students, faculty, and staff. It welcomes the creative tension of developing innovative approaches to learning, technology, collaboration, and service. It is eager to communicate our consortium model with state and national audiences.

Athletic Training and the ACCK

Three schools that participate in the Athletic Training consortium along with Bethany College include Bethel and Tabor Colleges. The ACCK Athletic Training Education Program offers upper level athletic training courses that are taken once a week, generally in McPherson, KS; however, some courses may be held at member campuses in order to benefit from the use of athletic training room facilities. Registration for ACCK courses is made via the accepted registration procedures on each campus.

ACCK Athletic Training Courses (Required) that are taught at the ACCK campus

- AT 351 Prevention, Care and Evaluation of Upper and Lower Body Injuries and Illnesses I (3)
- AT 352 Prevention, Care and Evaluation of Upper/Lower Body Injuries and Illnesses II (3)
- AT 430 Therapeutic Modalities (3)
- AT 315 Therapeutic Exercise (3)
- AT 440 Pathology and General Medical Conditions for the Athletic Trainer (3)
- AT 435 Administration of Athletic Training (2)

A Student's Guide to the Program

Overview

The Bethany College Athletic Training Educational Program (ATEP) is designed to provide students with theory and practice in the Athletic Training profession. A certified athletic trainer is a highly educated and skilled professional specializing in health care. This profession appeals to those who would like to work in a field that combines an athletic setting with health care and fitness. Each student will apply knowledge of human anatomy, exercise physiology, nutrition, and therapeutic treatment toward the prevention, immediate care, and rehabilitation of athletic injuries.

Mission Statement

The mission of the Bethany College Athletic Training Education Program is to develop character and competency traits for a successful career in sports medicine and recreational health care for each athletic training student.

Purposes

The purpose of the athletic training education program is to provide students with

1. A comprehensive entry-level education program focused in areas of injury evaluation, treatment, rehabilitation, and the administrative tasks involved in these procedures.
2. The opportunity for clinical experiences through interactive, directly supervised clinical experiences in the Bethany College Athletic Training Room and other affiliated sites in the area.
3. The opportunity to experience diversity as it relates to ethnicity, gender, sport and emotions associated with injury, thus enabling them to develop empathy and the skills necessary to become exceptional reflective caregivers.

What the Bethany College ATEP offers each Athletic Training Student:

1. Clinical experiences that adequately prepares students for the profession of athletic training.
2. An education program enabling students to qualify to take the BOC examination.
3. An education program that emphasizes integrity and diversity through interaction with student athletes from a variety of ethnic and cultural values in a variety of settings.
4. A quality undergraduate degree experience through a broad liberal arts based education.
5. A solid base of academic training, allowing for the successful pursuit of advanced degrees in athletic training or related fields.

Expected Learning Outcomes of the Athletic Training Education Program:

1. Complete the Student Learning Objectives (SLO's) and other required outcomes of each Didactic and Clinical Experience course.
2. Demonstrate clinical proficiency at each clinical experience site under the guidance and mentorship of assigned clinical instructors.
 - Each student is required to complete a performance evaluation (signed by a clinical instructor) following each clinical experience or campus rotation.
3. Demonstrate mastery on written and practical examinations administered by an Approved Clinical Instructor (ACI) in each of the six clinical experience courses. Mastery=
 - 80% or above on written examinations
 - 70% or above on practical evaluations administered
4. Demonstrate the capacity to be accepted in rigorous advanced degree programs in athletic training or other allied health care professions.
 - Students must attain a 2.5 GPA (4.0 scale) or better each semester; however, it is strongly recommended that a 3.5 overall GPA and quality grade performance (A or B grades) in scientific courses is more likely to be accepted for advanced degree program placement.
5. Promote the athletic training profession in the community by educating the public concerning the role of the athletic trainer in the health care system.
 - Students are required to update the athletic training bulletin board each semester.
6. Demonstrate professional, ethical, and moral behaviors in each clinical experience.
 - An ATS agreement, reminding students of important behaviors expected, shall be signed at the start of each clinical experience.

Highlights of the Athletic Training Education Program at Bethany College

- Starting fall 1995, the Athletic Training major became a Bachelor of Arts degree, housed in the Department of Health, Physical Education, and Athletic Training (HPE/AT). The HPE/AT Department also awards degrees in bachelor of education.
- Athletic Training Students receive course instruction from Certified Athletic Trainers (ATC) at Bethany College and in the Associated Colleges of Central Kansas (ACCK).
- Bethany College is member of the National Association of Intercollegiate Athletics (NAIA) and the Kansas Collegiate Athletic Conference (KCAC). Its intercollegiate athletics program consists of 5 men's and 5 women's sports. Its Athletic Training staff consists of Ms Jody Miller, MS, ATC, LAT Head Athletic Trainer and TBA (Assistant Athletic Trainer).
- David Slack hired as Program Director in Athletic Training Education Program (ATEP) in August 2006.
- Bethany College submitted an initial self-study of its ATEP in September 2007, received a site visit from accreditation reviewers in January 2008.
- Accreditation awarded in August 2008 by the Commission on the Accreditation of Athletic Training Education (CAATE).

Roles and Responsibilities

The role of Bethany College is to:

1. Provide an opportunity for students to integrate didactic classroom knowledge, laboratory, and initial clinical experience in a total treatment situation;
2. Foster attitudes of social consciousness and professional responsibility;
3. Affiliate with qualified health care agencies who can offer competent personnel (ATC's) for the supervision of students;
4. Promote opportunities for the continuing education of faculty and clinical personnel;
5. Maintain a program in athletic training that complies with the standards set forth by the Commission on Accreditation of Allied Health Programs (CAATE) and the Board of Certification (BOC).

The responsibility of each student is to:

1. Develop skills in teaching the patient, family and others the activities included in total patient care;
2. Appreciate and understand the role of an athletic trainer in the total medical care delivery system;
3. Gain a realization of the many facets inherent in the role of the athletic trainer;
4. Develop attitudes, values, and appropriate emotional responses and professional responsibility;
5. Gain proficiency in the application of skills, knowledge and methods of evaluation and treatment;
6. Develop basic administrative abilities with regard to the management of a specific patient caseload and in supervising support personnel;
7. Develop the ability to be flexible in working with other athletic trainers and allied health care personnel;
8. Improve communication skills;
9. Gain understanding and insight into the handling of patients;
10. Utilize knowledge, talent, enthusiasm and a positive attitude for the profession.
11. Maintain confidentiality of all individuals protected health information in all clinical settings.
12. Engage in practices to prevent the transmission of blood borne pathogens.

Athletic Training Education Terminology

- **CAATE**: Commission on Accreditation of Athletic Training Education. An agency that accredits athletic trainer education programs.
- **Clinical Education**: represents the practice of clinical skills and development and evaluation of clinical proficiencies through a supervised program in a natural setting.
- **Athletic Training Student (ATS)**: A student who is enrolled in a CAATE-accredited entry-level athletic training education program.
- **Program Director**: A BOC Certified Athletic Trainer with a minimum of five years of work experience as an Athletic Trainer. Recognized by the institution as a faculty member who is accountable for the day-to-day operation, coordination, supervision and evaluation of all aspects of the ATEP
- **Approved Clinical Instructor (ACI)**: A BOC Certified Athletic Trainer with a minimum of one year of work experience as an athletic trainer. An ACI provides formal instruction and evaluation of clinical proficiencies in classroom, laboratory, and/or in clinical education experiences through direct supervision of athletic training students.
- **Clinical Instructor**: (CI) A BOC Certified Athletic Trainer or other qualified professional with a minimum of one year experience in their respective academic or clinical area.
- **Supervision**: Applies to the field experiences under the direction of a CI or with an ACI. This requires constant visual and auditory interaction between the ATS and the CI (or ACI) who plans, directs, advises, and evaluates the ATS clinical experience.

Course of Study

The athletic training curriculum shall be taught over a three-year period following formal admission into the program. New cohort groups shall begin coursework each Fall Semester. For a complete course sequence summary, refer to the Recommended Course Sequence. Athletic training courses are taught on the BC campus or at the Associated Colleges of Central Kansas campus (located in McPherson, 15 miles south of Lindsborg). A description of each of the major didactic and clinical education course can be found in Appendix III.

Required Athletic Training Courses (**taught at BC campus**). These include Functional Anatomy (2), Professional Rescuer First Aid and CPR for the Athletic Trainer (2), Treatment, Prevention and Care of Athletic Injuries (3), Nutrition (3), Personal and Community Health (3), Kinesiology (3), Exercise Physiology (3), and five Clinical Experiences in Athletic Training courses: Introduction to Clinical Experiences (2), Clinical Experience I (2), Clinical Experience II (3), Clinical Experience II (3), Clinical Experience IV (2), and Clinical Experience V (2).

Required Athletic Training Courses (**taught at the ACCK campus**). These include Prevention and Evaluation of Injuries and Illnesses I and II (3 each), Therapeutic Modalities (3), Therapeutic Exercise (3), Pathology and General Medical (3), and Administration of Athletic Training (2).

Correlated Courses. These courses are taught outside the department at BC campus. Correlated requirements include Human Anatomy and Physiology (4), General Psychology (4), Legal Issues in Sports (3), and Ethics (3).

Recommended courses. These include Introductory Biology I and II (4 each), General Chemistry I and II (4 each), University Physics (4 each), Motor Growth and Development (3), Adaptive Physical Education, Biochemistry (4), Vertebrate Physiology (4).

Clinical Education

Athletic training students are required to complete six (6) clinical experience (CE) courses at Bethany College (see Clinical Experience Sequence and Course Content). Students enrolled in each CE are full time undergraduate students that have met appropriate technical standards for program admission, have been formally admitted, have appropriate immunizations and hold current CPR, Emergency Response, and AED Certificates.

Clinical rotations settings provide opportunities for exposure to upper and lower extremity, equipment intensive, and general medical field experiences during the professional phase of the curriculum. Each student will have campus-based and off-campus clinical rotations that are part of each of the six CE courses. Students are required to complete approximately 90-140 hours of athletic training clinical experiences (approximately 10 hours per week) during each semester as part of each clinical experience course. Most off campus clinical experiences are within a few minutes of campus. Students are responsible for their own transportation and other related costs for each clinical experience. If conflicts arise and a student is unable to complete the clinical experiences, clinical observation or proficiency modules, it is possible for an incomplete grade to be issued. A four-year clinical rotation overview is located in Appendix VII.

Because the majority of clinical experiences occur simultaneously with intercollegiate sport practices, students are discouraged from participating in sports at Bethany College. Athletic training students may be allowed to compete in one sport upon the condition that his/her coach is willing to allow periodic absences for students to honor evening courses at the ACCK as well as clinical experiences on and off-campus.

Students shall receive laboratory instruction and practice of athletic training skills during structured laboratories sessions with an application to natural settings. Clinical Experiences contribute to the learning over time concept of instruction. These courses must be taken in sequence, and occur in every semester of the three-year program. During each semester, athletic training students will be required to demonstrate skill proficiency with the completion of several learning over time (LOT) modules. These competencies are designed to measure progress made in the clinical application of athletic training skills. A copy of these competencies, and the dates due is part of the clinical experience course syllabi. These records shall be kept by each student and in a student's file in the Program Director's office.

Students are assigned to clinical instructors (CI's). They are expected to provide "daily personal/verbal contact" at the site of supervision. A CI is a certified athletic trainer who plans, directs, advises, and evaluates the students' athletic training experience. At no time should the ATS be allowed to serve as replacement for regular clinical staff. One of the three evaluation

forms (Introductory, Intermediate, and Advanced located in Appendix VII) is to be submitted by the clinical instructor for each clinical rotation. Students are responsible to deliver the form at the start of the clinical experience. It is helpful to review the document with his/her supervisor at that time and again at the conclusion of the experience to receive a verbal critique.

Clinical Instructors will submit an evaluation/verification form at the conclusion of each clinical experience. 1) An ATS Introductory, Intermediate or Advanced Evaluation (for BC campus professionals); 2) An Off-Campus Clinical Experience Verification (for allied health professionals) or 3) An ATC Supervision Verification (for off-campus athletic training professionals). Each of these documents is found in Appendix VII.

In preparation for each off-campus clinical rotation, each ATS must have an orientation meeting with his/her supervisor. Athletic training students are expected to contact the CI in a timely fashion. This will enable the CI to become familiar with the ATS and anticipate how best to meet the educational needs of the student. It also helps each ATS to coordinate the scheduled experience, become familiar with the health care facility and its operation, and anticipate how to get the most from the brief experience. Students are required to share a resume (updated annually), a current proficiency checklist of knowledge and skills, and a verification form. Clinical experiences are to take place in no fewer than three separate time periods (for every ten hours required).

Athletic Training Students are also required to submit a Clinical Instructor/Clinical Site Evaluation at the conclusion of each clinical experience. A Clinical Experience checklist and the CI/Clinical Site Evaluation are located in Appendix VII.

Clinical Experience Sequence and Course Content

The ***Introductory level, part I*** Clinical Experience Introduction (AT 200) will include content in general training room operations, equipment intensive sport, a male or a female sport at Bethany College and a high school outreach experience. Proficiencies assigned during this clinical experience will be instructed and assessed by the clinical instructor.

The ***Introductory level, part II*** Clinical Experience I (AT 301) immerses the athletic training student in general training room operations, upper and lower extremity injury evaluations, male or female sports at Bethany College and an orthopedic clinical rotation. Proficiencies assigned during this clinical experience will be instructed and assessed by the clinical instructor.

The ***Intermediate level, part I*** Clinical Experience II (AT 302) has been designed to expose each student to general athletic training room operations, upper and lower extremity injury evaluations, a male or a female sport, and equipment intensive sports at Bethany College. Proficiencies assigned during this clinical experience will be instructed and assessed by the clinical instructor.

The ***Intermediate level, part II*** Clinical Experience III (AT 403) includes assessment related to sports as well as both male and female athletes at Bethany College. This clinical will enable the ATS to experience upper or lower body evaluations and rehabilitation, and a male or a female sport at Bethany College. It also includes an orthopedic clinical rotation and a second high

school outreach exposure. Proficiencies assigned during this clinical experience will be instructed and assessed by the clinical instructor.

The ***Advanced level, part I*** Clinical Experience IV (AT 404) includes an assessment of general medical disorders. This clinical will enable the ATS to experience upper or lower body evaluations and rehabilitation and a male or a female sport at Bethany College. It also includes a rehabilitation center clinical rotation and experience in a school nurse's office or the local medical doctor's office. Proficiencies assigned during this clinical experience will be instructed and assessed by the clinical instructor.

The ***Advanced level, part II*** Clinical Experience V (AT 405) will integrate organization and administration, nutrition, and psychosocial intervention skills. It is designed as a capstone experience that helps the ATS to focus on preparations for the BOC examination, securing an entry-level position, and/or prepare for graduate study. Athletic training students may be assigned a men or women's team sport. Proficiencies assigned during this clinical experience will be instructed and assessed by the clinical instructor.

Course Sequence

A course sequence has been designed for students to demonstrate learning over time. This occurs when students take one or two didactic (classroom courses) one semester followed by a clinical experience course the next. For example, before taking AT 200, Introduction to Clinical Experience in the third semester, students must take AT 105 Emergency Responses (1st semester) and PE 250, Treatment, Prevention and Care of Athletic Injuries (2nd semester) to satisfy skill requirements. Before taking Clinical Experience I (4th semester) a student must take Prevention and Evaluation of Upper Extremities during the third semester. This course sequencing is designed to introduce the concept of "learning over time." In other words, activities and experiences observed and practices during the Clinical Experience course relate back to a didactic course taught previously.

A recommended course sequence sheet, found in Appendix IV, can help students plan course offerings semester by semester in order to complete requirements for the athletic training major and other Bethany College General Education courses.

Course Sequence Chart

The following chart illustrates the sequence of didactic and clinical experiences for an athletic training major.

	Fall Semester	Spring Semester	
	--- Prerequisites ---		
1 st	AT 105, Emergency Response for the AT BI 124, Biology I	AT 101, Functional Anatomy for the Athletic Trainer BI 120, Human Anatomy and Physiology PE 250, Prevention and Care of Athletic Injuries ATEP Application due March 1	2 nd
3 rd	AT 200, Introduction to Clinical Experiences AT 351, Evaluation Injuries I (ACCK)	AT 301, Clinical Experiences I AT 352, Evaluation of Injuries II (ACCK) AT 430, Therapeutic Modalities (ACCK) PE 343, Kinesiology	4 th
5 th	AT 302, Clinical Experiences II AT 315, Therapeutic Exercise (ACCK) PE 390, Nutrition	AT 403, Clinical Experiences III AT 440, Pathology/General Medical (ACCK) PE 342, Exercise Physiology	6 th
7 th	AT 404, Clinical Experiences IV PE 435, Organization and Administration of Athletic Training (ACCK)	AT 405, Clinical Experiences V Electives	8 th

Student Guidance and Faculty Support

The student has primary responsibility for decisions related to earning the degree, including the selection of a major, selecting and scheduling courses that satisfy general education requirements and specific course requirements for the majors, and the quality of work accomplished. Each student shall be assigned an academic advisor to assist in meeting his/her responsibilities. In addition, the student is encouraged to call upon the services of any member of the faculty or administration for special help at anytime. The Bethany College Catalog explains the graduation and General Education Program requirements as well as the course requirements for each major.

An integral part of teaching responsibility at Bethany College is that of advising. Academic advising is a continuous process which is designed to lead the student to better self-understanding and to more efficient use of the resources of Bethany College for developing the student's potential and serving the student's educational goals. Each new freshman also enrolls in CO101, Bethany Seminar, a full semester course that enable students to make a smooth transition to the college experience. When students declare a major, they select, with assistance from Enrollment Services, an academic advisor in their major area.

Students must choose their major from among those described in the catalog. A major is usually made up of courses from a certain discipline, known as departmental courses, and of courses

drawn from other disciplines, known as support courses. A coordinator for each major is listed with the requirements for that major. The coordinator is the person whom students consult when they wish to explore the possibilities of majoring in a given area or when they have questions or concerns about curricular offerings. The program director helps new students submit a “declaration of major” form. New students are also assigned a catalog year that denotes what academic standards that will be used as he/she prepares for graduation. He/she shall declare the Bachelor of Arts degree, Athletic Training major program of study.

Students shall meet with the faculty advisor (FA) during the enrollment period (generally October and April) for the following semester. The FA is responsible to help discuss and design a course of study for the student. Because the course of study must be taken sequentially, it is critical that a student meet with the FA each semester. A course of study and recommended course sequence are important documents for reference. Students are encouraged to review the course recommendations often. Adherence to these documents, plus regular visits with the FA increase the likelihood of satisfactory student progress toward graduation. The recommended course sequence and an academic course plan worksheet for athletic training are found in Appendix IV, Academic Advisement.

Technical Standards

Students must verify they believe that, with accommodations if necessary, he/she can meet the technical standards of the program. The Technical Standards document establishes the essential qualities necessary for students to succeed in the ATEP and as an entry-level professional. Students are expected to read this document in order to understand the abilities and expectations that must be met by all athletic training students. Bethany College attempts to provide needed auxiliary educational aids to persons with handicaps or disabilities, when the need is known. Individuals with handicaps or disabilities are requested to provide to the Equal Opportunity Officer advance notice of their intention to attend or participate in an event or class requiring auxiliary aids, such as sign language interpreters, special equipment, and other possible auxiliary assistance.

The Technical Standards document and signature page is located in Appendix II, Program Standards. It is to be turned in along with the formal application to the program.

Formal Admission

Near the end of the first year of study (approximately March 1) or upon completion of the prerequisite course requirements, students shall make a formal application for conditional admission into the program. The selection process consists of objective (overall GPA, prerequisite course grades), and subjective (e.g., letter of intent, resume, references, interview, etc.) criteria. The Bethany College ATEP follows a policy of and does not discriminate on the basis of age, sex, race, color, religion, creed, national or ethnic origin, etc. Candidates with cumulative GPA's above 2.5, satisfactory grades in prerequisite courses, exceptional ratings from references, and the appearance of high academic performance shall be accepted on a conditional basis.

Up to twelve (12) students may be admitted each year. Admitted students shall be placed into a cohort group and allowed to register for the initial athletic training education courses for the fall

semester. Appendices II and III contain helpful information concerning admissions and academic guidelines for the prospective athletic training education student. Included in this material are the Admission Requirements (Appendix II), the Course Requirements for Graduation and Academic Requirements and Discipline (Appendix III).

Applications for conditional admission will be accepted until the start of the Fall Semester. Students will be notified within a reasonable time period (approximately two weeks) of the status of their application. At the conclusion of the third semester of enrollment (December 15) students are required to demonstrate satisfactory completion (C grade or better) of the following courses: General Biology (with Lab), Functional Anatomy for the Athletic Trainer, Emergency Response for the Athletic Trainer, Human Anatomy and Physiology, Treatment, Prevention and Care of Athletic Injuries and Introduction to Clinical Experience. These courses (with the exception of the Introduction to Clinical Experiences) may be taken at Bethany College or the credits may be transferred from another associate or baccalaureate degree granting institution. Conditional students who do not demonstrate satisfactory completion of the courses listed above will not be allowed to progress in the program.

Grievance Policy

Bethany College has adopted grievance procedures that facilitate prompt and equitable resolution of student and employee complaints alleging discrimination. In the event a student feels that she or he has received discriminatory treatment on the basis of sex, abilities, race, sexual orientation, age, religion, veteran's status, or national or ethnic origin, the student may obtain from the Equal Opportunity and Affirmative Action Officer (in the Accounting Office) a written copy of the grievance procedures and advice on how to use this process for addressing such discriminatory treatment. These procedures comply with the provisions of Title IX of the Education Amendments of 1972 and Section 504 of the Rehabilitation Act of 1973 (see College Catalog, p. 163).

Transfer Policy

Bethany welcomes applications from students interested in transferring from other colleges. All candidates for transfer admission should submit the following:

- Application for Admission and Scholarship,
- \$20 non-refundable processing fee made payable to Bethany College,
- Official secondary school transcripts if less than 30 semester hours or 45 quarter hours of college course work,
- Official school transcript required for student athletes,
- ACT/SAT test results if taken and if less than 30 semester hours or 45 quarter hours of college course work,
- ACT/SAT test results required for student athletes, and
- Official college transcripts listing all courses and grades.

Transfer candidates must have a minimum 2.5 grade point average (based on a 4.0 scale) in academic coursework from an accredited college. Students wishing to transfer for fall semester must apply by June 15 and enroll by August 1. (see "Application for Transfer Admission," p. 162 of the 2009-10 College Catalog).

Credit towards graduation requirements will be granted for general education courses completed with “D” grades or better. Courses required for the major require completion with “C” grades or better. Courses will transfer provided that they are compatible with the Bethany College liberal arts program. The Registrar shall approve courses transferred for credit toward General Education and electives. The major coordinator approves courses transferred for credit toward the major. A maximum of 62 semester hours of college work will be accepted from Junior/community College. (see “Transferring Credit to Bethany,” p. 149 of the 2009-10 College Catalog.)

If admitted to the ATEP, students may petition college course work and clinical experiences to the ATEP. For course acceptance, students must furnish evidence of the course taken (course syllabus or catalog description), credit hours and grade (transcript from an accredited institution). Transfer students are required to take all Clinical Experiences in Athletic Training courses at Bethany.

Educational Expenses and Financial Assistance (see “College Expenses,” p. 163-168 of the 2009-10 College Catalog)

Students attending full-time may enroll in 12 to 18 hours per semester. Full-time tuition includes enrollment in an interterm class (1-4 hours) at no additional charge. The annual tuition at Bethany is approximately \$18,715.00. Student government and publications, health services, library services, student union, admission to most theatre, musical productions, and athletic events, concert series and laboratory fees are covered under a Student Activity Fee (\$175). Tuition does not cover books and other bookstore items, special costs, art materials, or music lessons. It is estimated \$5,700 for on-campus room and board.

Bethany College offers scholarships, performance awards, and grants to accepted students who have demonstrated the potential to excel academically or the potential to make a significant contribution to the student life of the college. Full-time enrollment is required for all Bethany aid, with half of the award disbursed in the fall and half disbursed in the spring. Base awards are available for students living on campus starting at \$5,000 per year, depending on the student’s GPA and extracurricular activities. Students living off campus are eligible for base awards starting at \$3,500. These awards are renewable annually for up to ten semesters. Students must earn at least a 2.75 GPA after their first year to renew an academic scholarship, and a 3.0 GPA every year thereafter. Students receiving grants and performance awards must maintain a 2.0 GPA to renew their aid. In order to use a transfer student’s college grade point average, the student must be transferring in at least 24 hours.

At this time there is not an athletic training scholarship; however, if qualified a student may receive Federal Work-Study for some of the time working in the athletic training room. Job descriptions for 1) Athletic Training Students enrolled in the ATEP or 2) work-study students assigned work in the athletic training facility can be found in App. IX, BC Intercollegiate Athletics.

ATEP Expenses

Costs related to participation in the ATEP relate primarily to travel to and from classes offered through the ACCK. Students are encouraged to carpool from campus to classes offered at McPherson College (McPherson, KS, 12 miles south of Lindsborg) and can be reimbursed for travel (.14 plus .01 for each additional passenger). The Bethany College/ACCK mileage form is located in Appendix VIII. Students are encouraged to begin to assemble tools and other equipment for their professional use; however, all equipment and materials related to the practice of athletic training shall be provided. Students are also expected to adhere to a dress code while practicing athletic training during on- and off-campus clinical experiences. Some apparel will be provided.

Student Health and Counseling Services (see 2009-10 College Catalog, p. 165-166)

The Health Services Office, located in Warner Hall lower level, is open Monday - Friday, 8:30 - 11:30 a.m. and 1:00 - 3:30 p.m. and is staffed with a registered nurse. If an ailment or illness needs additional care, the student will be referred to a physician or dentist. Lindsborg Community Hospital is equipped with an emergency room.

The Health Services Office is located in the lower level of Warner Hall and is accessible to those with permanent or temporary mobility impairments (for example, wheelchairs or crutches). If a student cannot come to Health Services safely or without assistance, they may call either the on-duty nurse or their area coordinator to make arrangements for the nurse to see the student in his/her room.

The student's health record is kept on file. The information contained in the record is kept confidential and can be valuable in treating and better understanding the student. The Health Services Office gives allergy injections, but the student's doctor or allergist must sign a special form. Serum and syringes may be kept at Health Services. Crutches, heating pads, ace bandages and slings are available on loan at no charge. Pregnancy tests are available for a small fee.

The services of the nurse are free. A minimal charge is made for the cost of the optional flu shot given in fall to Bethany students and staff. The cost of a tuberculin (TB) skin test is \$1.00. The student pays the cost of a visit to the doctor. Students are responsible for contacting their instructors for classes missed because of illness. Sick tray requests must be obtained from Health Services, an area coordinator, or a Resident Assistant. Ill students should make arrangements with a friend to pick up the meal.

Student athletes are required to have health insurance coverage. All students are strongly encouraged to have health insurance coverage. There are programs of hospitalization made available through the College. Students who already have health insurance protection must show verification of their coverage at registration. All students are required to fill out a health insurance form at the beginning of each academic year.

Various types of personal counseling opportunities are offered through the Student Life Division. The Student Counselor coordinates preventative programs in the areas of emotional, psychological, and interpersonal current issues. The Counselor and Campus Pastor offer counseling for individuals, couples, and groups. Students come to the counseling service for

problems in such areas as adjustment, family relations, sexuality, premarital and marital concerns, dealing with death, depression, and roommate problems. Referrals to other social service agencies are provided when deemed appropriate. On campus services are free of charge, however, the student will bear the cost of off-campus mental health services. In addition to the more formalized counseling provided by the Student Counselor and Campus Pastor, the College Nurse, the Dean for Student Life, the Director of Student Programs, as well as the Director of Residence Life may also provide support and counsel. Standard professional legal and ethical guidelines concerning confidentiality are followed. Appointments are preferred, yet walk-ins are acceptable. Counseling after regular office hours is available for special situations. On-call emergency/crisis care is also provided. Students should first turn to the Resident Staff person who will, in turn, contact the appropriate party.

Health and Safety

Once admitted, each ATS is required to complete a physical examination with a physician. A student medical record, located in Appendix VI, shall be used to document a completed physical examination. Students are required to have the following immunizations and diagnostic screening: Hepatitis B, measles, mumps, rubella, varicella (chicken pox), tetanus, and diphtheria. Students are also required to receive a tuberculosis test as part of their physical examination and each year thereafter.

All health care workers who come in contact with body fluids such as blood, semen, vaginal secretions, saliva, or body fluids containing blood are considered to be at high risk for contracting hepatitis. Students enrolled in the ATEP are considered at high risk. Students are expected to practice universal precautions when dealing with blood-borne pathogen transmission. Each student is required to attend an annual OSHA Blood-borne pathogen workshop. Students are encouraged to wash hands frequently when caring for athletes and to wear disposable latex gloves when administering to wounds, cuts and abrasions. Since students are considered at high risk for exposure to HBV (Hepatitis B Virus), it is **HIGHLY RECOMMENDED** that they receive an immunization against the virus.

A Communicable Disease Policy and Exposure Control Plan (Appendix VI) were developed to eliminate or minimize occupational exposure to blood borne pathogens. This document gives an overview of the hepatitis infection, its signs and symptoms; and the vaccine, its indications and contraindications and deferrals can be found in Appendix VI. Each ATS must have a signed document in his/her personal record (Appendix VI). The Bethany College Policy on Blood borne Pathogens (one-page summary posted in athletic training room) can be found in Appendix VI

An Emergency Action Plan shall be in force in the athletic training facility. This Plan enables each student to be familiar with the roles of all health care providers during an emergency, channels of communication (contact telephone numbers, directions to medical facilities, etc.), what emergency equipment is accessible during and emergency and emergency procedures to follow. The Bethany College Emergency Action Plan has been included in Appendix IX.

Academic Requirements and Discipline

The academic requirements and discipline document outlines the scholarly judgments (involving academic standards) and disciplinary decisions (violations of academic policies, procedures or other rules of conduct unrelated to academic achievement) that affect a student's ability to continue in the program. Admitted students must have a "C" grade minimum in all core, required athletic training major, natural sciences, and a 2.5 overall GPA. Students should conduct themselves personally and professionally in a manner that does not compromise their professional responsibilities, the practice of athletic training nor the core values of Bethany College. Upon formal admission into the program, students are required to signify that they understand the academic standards and discipline to be used during any case of non-compliance. Failure to conform to these academic and behavioral requirements may result in being removed from the program. The Academic Requirements and Discipline document is located in Appendix III, Academic Requirements.

Procedures for seeking review of an academic decision that affects the educational interests of a student are outlined in the 2006-07 Bethany College Faculty Handbook (Appendix IV-A, Student-Academic Policies and Procedures [not included in this handbook]). Conflicts shall be resolved between an instructor or program director and student and when academic intervention is necessary, with the Chair of the Department of HPE/AT. In the event a direct informal approach is unsuccessful, students may request an impartial review from the Academic Dean. This appeal must be presented in writing. The Academic Dean will then form an Academic Review Committee to hear the matter. If the student remains dissatisfied with the decision, he/she may seek a review by the Academic Dean. The decision of the Academic Dean shall be considered final.

Athletic Training Student Agreement

All students must receive, review, and sign a copy of the Athletic Training Student Agreement as part of the admission application. All policies on supervision, attendance, and tardiness are designed to promote professionalism, protect the patient from under-prepared students, and to prevent a student from performing in an uncomfortable situation. Failure to comply with the established guidelines can also affect the student's final grade. A copy of the Athletic Training Student Agreement is found in Appendix V, Standards and Agreements.

National and State Governing Agencies for Athletic Training

Board of Certification (BOC)

The mission of the Board of Certification is to certify athletic trainers and to identify for the public, quality healthcare professionals through a system of certification, adjudication, standards of practice and continuing competency programs.

Certified athletic trainers are those individuals who have fulfilled the requirements for certification established by the BOC. Accordingly the BOC provides a certification program for the entry-level athletic trainer and establishes requirements for maintaining status as a certified athletic trainer. The certification examination administered by BOC consists of a written and written simulation exams via a computer based exam. This last portion of the test evaluates athletic trainers' ability to resolve cases similar to those they might encounter in actual practice.

The Standards for the professional practice of Athletic Training (2006) is located in the Appendix X.

Athletic Training Education Program Accreditation

The Joint Review Committee on Educational Programs in Athletic Training (JRC-AT) was a Committee on Accreditation under the Commission on Accreditation of Allied Health Educational Programs (CAAHEP); effective June 30, 2006, the JRC-AT became independent from CAAHEP and changed its name to the Commission on Accreditation of Athletic Training Education (CAATE). The CAATE is the agency responsible for the accreditation of 360 professional (entry-level) Athletic Training educational programs. The American Academy of Family Physicians (AAFP), The American Academy of Pediatrics (AAP), the American Orthopedic Society for Sports Medicine (AOSSM), and the National Athletic Trainers' Association, Inc. (NATA), cooperate to sponsor the JRC-AT/CAATE and to collaboratively develop the *Standards for Entry-Level Athletic Training Educational Programs*.

These *Standards* of education, which include objective criteria and academic requirements for accredited programs in Athletic Training, require not only specific and defined processes, but also programmatic outcomes for the evaluation. The *Standards* are reviewed on a periodic basis to assure currency and relevance; input of not only the sponsoring agencies, but also the colleges and universities, as well as Athletic Trainers who utilize the services of the CAATE or who employ the graduates of CAATE accredited programs.

Imbedded in the *Standards* are the NATA Educational Competencies and Clinical Proficiencies (*NATA Competencies*). The *NATA Competencies* are the intellectual property of the NATA and are designed to delineate a standardized educational content required by an entry-level Athletic Trainer. The review process for the *NATA Competencies* is similar to that of the *Standards*.

Successful completion of a CAATE-accredited educational program is a criteria used to determine a candidate's eligibility for the Board of Certification (BOC) examination. To assure continued acceptance of CAATE-accredited program graduates, the BOC also reviews and accepts the CAATE Standards as sufficient to prepare entry-level Athletic Trainers to meet the

required *Standards of Practice* and to contain all pertinent learning and skills needed to protect the public. The Board of Certification is a NOCA (National Organization for Competency Assurance) recognized certifying agency for Athletic Training. NOCA promotes excellence in competency assurance for practitioners in all occupations and professions.

As a member of CAAHEP, the JRC-AT was recognized by the Council on Higher Education Accreditation (CHEA), and was a member of the trade association for specialized accreditors, Association of Specialized Professional Accreditors (ASPA), as well as was recognized by the Association of Schools of Allied Health Professions (ASAHP). Early in 2007, the CAATE will apply to become an independent member of ASPA and already has been invited to participate in several ASAHP forums. The CAATE also will continue to attend all CHEA-sponsored events and will begin the necessary steps to gain CHEA-recognition, often a two to three year process. The CAATE has defined policies and procedures which can be found attached to this document, as well on the Commission's website (www.caate.net).

The mission of the CAATE is to provide comprehensive accreditation services to institutions that offer Athletic Training degree programs and verify that all CAATE-accredited programs meet the acceptable educational standards for professional (entry-level) athletic training education.

National Athletic Trainers' Association (NATA)

The National Athletic Trainers' Association (NATA) is a not-for-profit organization with more than 27,000 members nationwide. The NATA is committed to advancing, encouraging and improving the athletic training profession.

Founded in 1950 with a membership of 200 athletic trainers, the NATA is based in Dallas, Texas, and provides a variety of services to its membership including continuing education, governmental affairs and public relations. The NATA also publishes the Journal of Athletic Training, a quarterly scientific journal, and NATA News, a monthly membership magazine.

NATA members can be found in schools, on the sidelines of professional sports, in hospitals and clinics, and in the industrial setting as the profession that began with college sports expands to guard the safety of all people involved in physical activity. In 1990, the American Medical Association recognized athletic training as an allied health profession.

NATA Mission Statement

The mission of the National Athletic Trainers' Association is to enhance the quality of health care for athletes and those engaged in physical activity, and to advance the professional of athletic training through education and research in the prevention, evaluation, management and rehabilitation of injuries.

The NATA Code of Ethics can be located in Appendix X

NATA Membership Policies

Students are strongly encouraged to join the NATA. The membership year is January 1 through December 31. The annual membership fee consists of a national fee and a district fee. Both fees must be paid in full each year. Members will be assigned to the district that corresponds with the mailing address maintained for them by NATA. Students are required to use their permanent

home address for their NATA membership. It is recommended that certified members use their work address.

Benefits of NATA Membership

NATA News. As an NATA member, you receive 12 issues of this award-publication each year. It's available in both printed and online editions.

NATA Web site (nata.org). Members rely on the Web site to keep them up to date with athletic training information. You get exclusive access to the Members-Only section of the site, containing much info that isn't available elsewhere.

NATA Career Center. The state-of-the-art resource to find an athletic training job. Free access to the Career Center job listings is included with your membership), or post a job.

Journal of Athletic Training. NATA's award-winning scientific publication is published quarterly, and is available in print form to certified members.

Salary Survey information. NATA has released the results of its comprehensive 2005 athletic training salary survey. This data is invaluable for both job seekers and employers.

Brochures. NATA produces a variety of relevant, attractive brochures. Your membership entitles you to up to 25 free brochures per year.

Membership Directory. A source for contacting fellow athletic trainers nationwide.

Annual Meeting. Substantial savings at the NATA Annual Meeting (the premier live event for athletic trainers) and district meetings. Note, the 2008 Annual Meeting and Clinical Symposium will be held in St. Louis, MO. Plan to attend.

Affinity programs. Eligibility for discounts on high-quality products and services such as professional liability insurance, financial planning, auto insurance, legal services and more.

Networking. An opportunity to interact with thousands of colleagues about issues that are important. Many members say the networking opportunities alone make their NATA membership worthwhile.

... and much more.

Scholarships

The NATA Foundation provides at least 50 scholarships annually, each for \$2,000.

To be eligible, applicants must:

1. Have a minimum 3.0 GPA based on a 4.0
2. Be sponsored by a certified athletic trainer
3. Be a member of the NATA



The Kansas Athletic Trainers' Society (KATS) was founded in 1980 in order to advance the profession of Athletic Training in the State of Kansas. It is the Mission of KATS to help assure top quality Health Care to the Physically Active in Kansas, and to promote and increase knowledge of the Profession of Athletic Training to the citizens of the State of Kansas.

KATS Scholarship and Application Criteria:

1. The scholarship(s) will be available in the amount of \$250.00, and good for one year.
 2. Scholarship award winners may apply and receive scholarship only once.
 3. Applications will be available through the KATS website or from the scholarship chairperson.
 4. Applications will be returned to the scholarship chairperson and must be postmarked by February 15th.
 5. The recipient will be selected on a combination of academic achievement, character, athletic training abilities, desire to pursue a career in athletic training and must be a current member of the KATS organization.
 6. Recipient(s) will be notified of scholarship award by March 1st.
 7. Awarding of the scholarship will take place during the KATS annual meeting at the District V Convention. Scholarship award winner(s) will be expected to be present at the meeting and will receive complimentary registration to the meeting.
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1. Applicant must be currently enrolled and working as a student athletic trainer at the collegiate level in the state of Kansas.
 2. Applicant must be a current student member of KATS.
 3. Applicant must have a Cumulative and Major GPA of "B" or higher.
 4. A Certified Athletic Trainer in current good standing with the Kansas Athletic Trainers Society and the National Athletic Trainers Association, must endorse applicant. A Certified Athletic Trainer may only endorse one applicant.
 5. It must be the intent of the applicant, that he or she pursues the profession of athletic training.
 6. Applicant is required to complete and submit all application materials as presented.
 7. An official transcript must be included with application materials.
 8. Applicant must obtain three letters of recommendation from persons they feel would best judge their qualifications and abilities in the areas of academics and athletic training. One letter should be from the endorsing certified athletic trainer. The other two may be from individuals best able to judge qualifications and abilities (academic department head, team physician, professor, counselor, coach). All letters should be placed in sealed envelopes with signature across the seal. Letters of recommendation should be returned with all other application material.

Applicant must submit a one-page resume with application.

Helpful Athletic Training links

National Athletic Trainers' Association

nata.org

Board of Certification, Athletic Training

bocatc.org

Mid America Athletic Trainers' Association

maata.net

Kansas State Board of Healing Arts

ksbha.org

Use to verify licensure/registration of KSBHA regulated professions

docboard.org/ks/df/kssearch.htm

Kansas Legislature Homepage

www.kslegislature.org

American College of Sports Medicine

acsm.org

American Orthopedic Society of Sports Medicine

sportsmed.org

American Academy of Orthopedic Surgeons

aaos.org

NATA Foundation Home Page

natafoundation.org